



Road Chainring Installation

EN

Step 1 — Install the chain retention pin. Fit the chain retention pin into the outer chainring.

Step 2 — Position the chainrings on the spider Mount the outer chainring first. Then position the 4 spacers in place. Fit the inner chainring aligning the tab on the inner chainring with the crank arm.

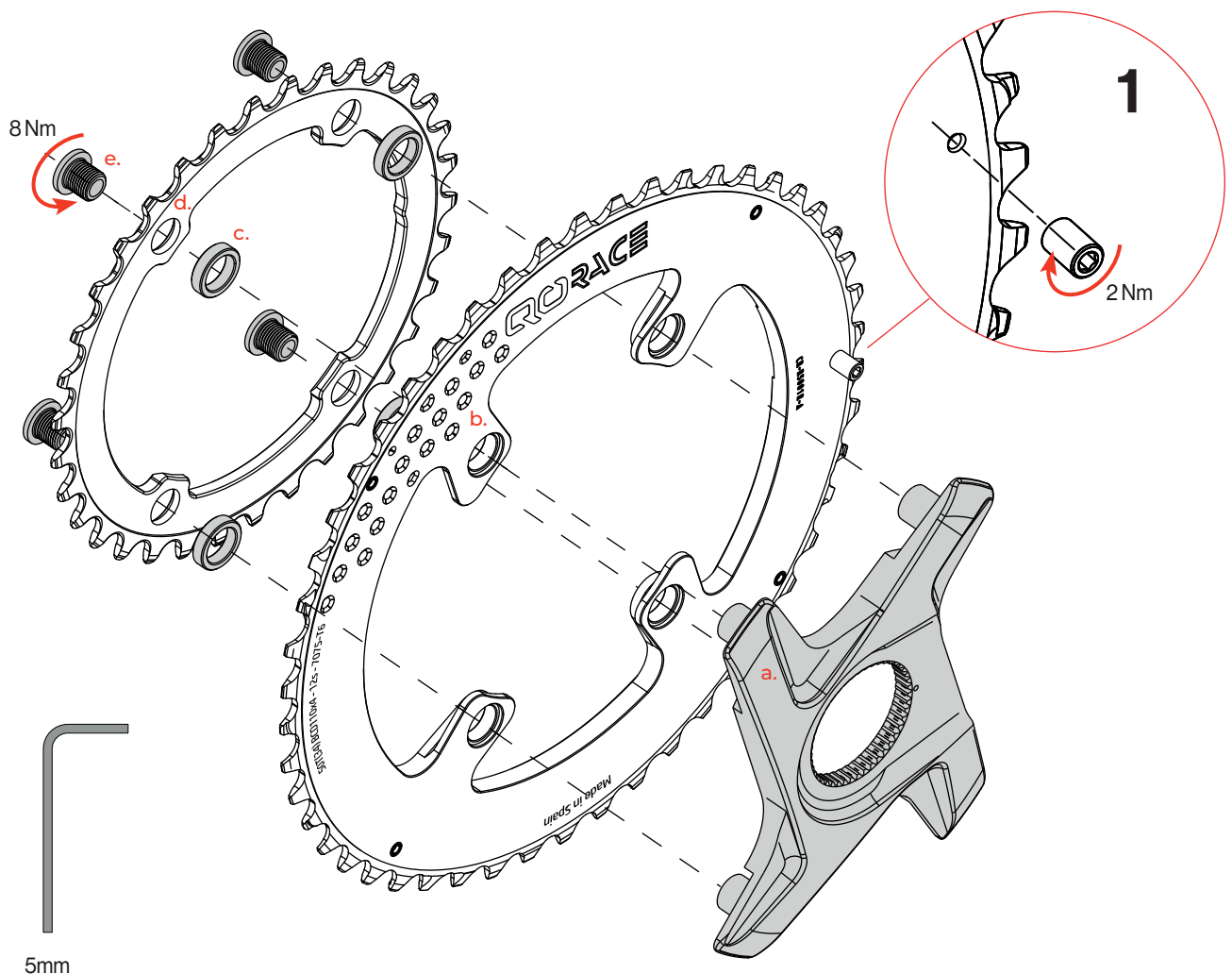
Step 3 — Tighten the chainring bolts Using a 5 mm hex key on the bolt head, tighten to 8 Nm.

ES

Paso 1 — Instala el pin de retención de cadena Inserta el pin de retención de cadena en el plato exterior.

Paso 2 — Posiciona los platos en la araña Monta primero el plato exterior. Coloca los 4 espaciadores en su sitio. Posiciona el plato interior alineando el resalto del plato con la posición de la biela.

Paso 3 — Aprieta los tornillos Usando una llave allen de 5 mm en la cabeza del tornillo, aprieta a 8 Nm.



WARNING: Incorrect installation or use of QO Bike Gear products may result in serious injury or death. Read and follow all installation and usage instructions carefully before use. Ensure that all bolts and fastenings are correctly torqued to the manufacturer's specified settings. Regularly inspect the product for signs of wear, damage, or fatigue before each ride.

Always use the recommended torque settings for installation. Do not over-tighten bolts, as this may cause material failure.