



## Road Chainring Installation

EN

**Step 1 — Install the chain retention pin** Fit the chain retention pin into the outer chainring.

**Step 2 — Position the chainrings on the spider** Mount the inner chainring first. Align the tab on the inner chainring with the crank arm. Place the outer chainring over the spider, matching all bolt holes.

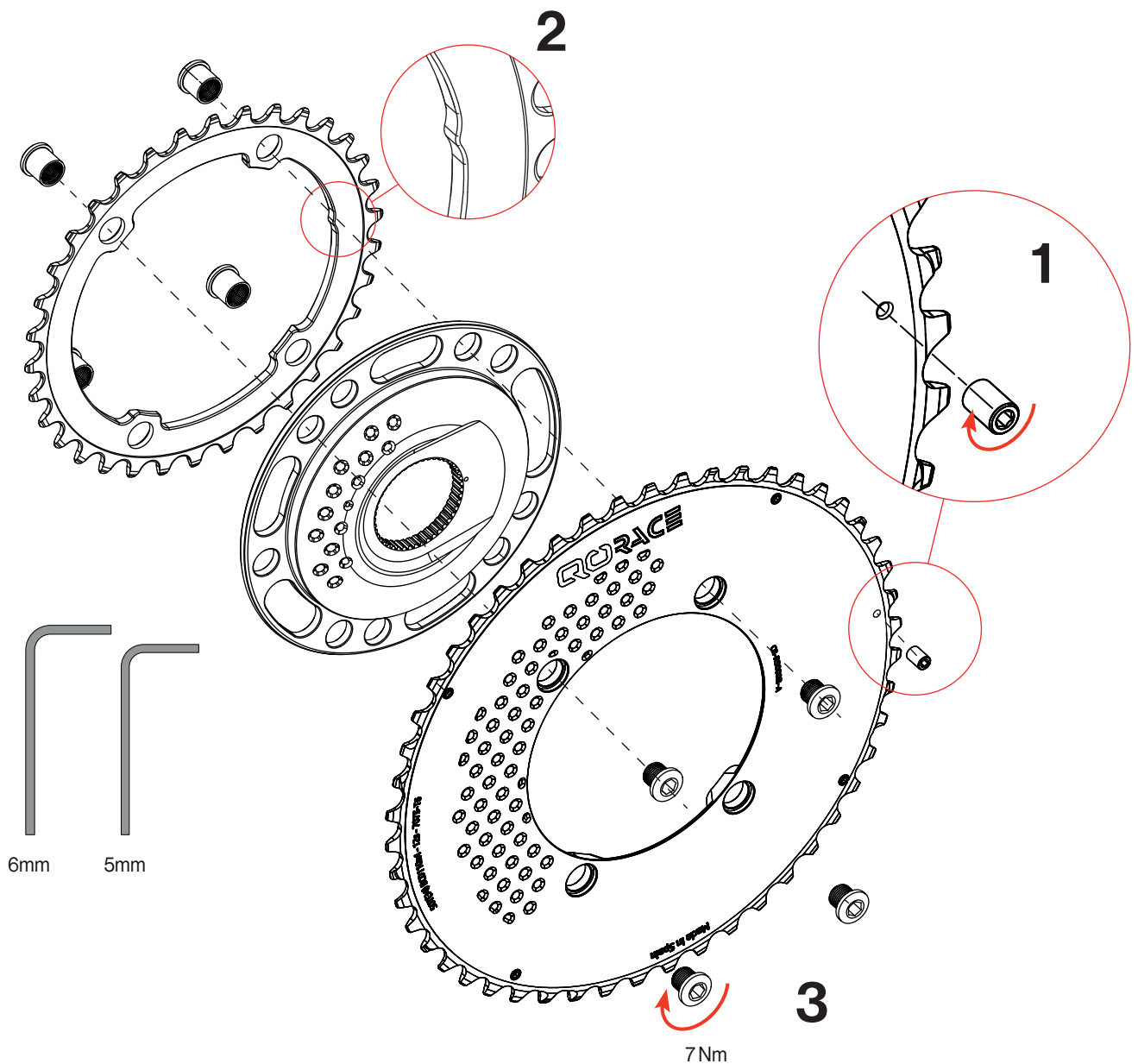
**Step 3 — Tighten the chainring bolts** Using a 5 mm hex key on the bolt head and a 6 mm hex key on the nut, tighten to 7 Nm.

ES

**Paso 1 — Instala el pin de retención de cadena** Inserta el pin de retención de cadena en el plato exterior.

**Paso 2 — Posiciona los platos en la araña** Monta primero el plato interior. Alinea el resalto del plato interior con la biela. Coloca el plato exterior sobre la araña encajando todos los agujeros de los tornillos.

**Paso 3 — Aprieta los tornillos de los platos** Usando una llave allen de 5 mm en la cabeza del tornillo y una de 6 mm en la tuerca, aprieta a 7 Nm.



**WARNING:** Incorrect installation or use of QO Bike Gear products may result in serious injury or death. Read and follow all installation and usage instructions carefully before use. Ensure that all bolts and fastenings are correctly torqued to the manufacturer's specified settings. Regularly inspect the product for signs of wear, damage, or fatigue before each ride.

Always use the recommended torque settings for installation. Do not over-tighten bolts, as this may cause material failure.